

Study Skills 101

Executive Summary:

Study skills are the skills one needs to enable them to study and learn efficiently – they are an important set of transferable life skills. This workshop will prepare students for success in any academic setting.

	Deliverables	
Instructional Components	Provide learners with effective study and time management skills that will provide them with strategies to increase their success in any academic setting. Knowledge and skills to be addressed are: (1) Goal setting; (2) Calendar planning, prioritization of tasks, organization, & effective time management; (3) Listening and note-taking skills; (4) Using a textbook; (5) Memory skills; (6) When, where and how to study; and (7) Test taking strategies.	
Target Audience	Adults, 18 to 26 years old, no prior experience required <i>(15 maximum participants per Cohort)</i>	
Course Length # of Days/Hrs.	Study Skills Course	9 hrs.
Industry-Related Training Certifications	N/A	
Issuing body for the credential or license:	N/A	
Instructor	College & Career Success Planning	

EDU Consulting LLC fees include instructor costs, materials and a maximum of two virtual conference planning meetings with clients. Length of course, content and scheduling can be adjusted to better accommodate the needs of our clients. The client provides the training location.